Guidelines for attending SPU Therapy

Patients are responsible for making future appointments, there is no such thing as an automatic appointment.

Please be on time. “*To be early is to on time, to be on time is to be late and to be late is unacceptable.”*

Should an unforeseen event cause you to be late for your appointment lease call SPU THERAPY to see if your tardiness is permissible. We will attempt to meet your needs, however this is not always achievable and you may need to reschedule your appointment.

Arrive at SPU THERAPY ready to work! Your therapist already has a treatment plan prepared for you based on your last visit’s performance. You too should have a good idea of what you will be doing in your therapy session when you arrive.

Wear the appropriate attire for your treatment, including athletic shoes that are properly laced and tie.

Please respect your fellow patients and the SPU THERAPY STAFF by leaving your cell phone in the car or at the front desk. All phones should be placed on mute while in the office. Good therapy requires concentration. GREATNESS requires concentration.

Remember your therapist instructs you on what to do in most cases of your rehab and you *MUST* participate in your rehab program. Passive therapy doesn’t work but only in a few special cases and insurance companies don’t reimburse for passive therapy most of the time.

Please perform your home exercise program. It is very important!

If you work hard and smart you will be finished with your therapy session in most situations in 45 minutes. And if you work hard and smart during your rehabilitation period your will get healthier and back to doing what you want to do sooner.

Sincerely,

SPU THERAPY STAFF